

# Walking labyrinth takes about five minutes

## Continued from FG2

The Fleetwood Park labyrinth is a classic seven-coil Cretan pattern, remnants of which have been found in many different cultures around the world – in South America, Europe, and China.

The term labyrinth itself is derived from an age-old symbol, representing life's journey.

Many cultures have created labyrinths to provide opportunities for the contemplation of life and the stations along life's path.

A labyrinth, unlike a maze, has only one path through its twists and turns to a centre point, where people can rest for a moment before walking the same path back to the entrance.

The latter description is probably best suited for the Fleetwood offering, set in a flat, marble-encased circle in the gardens at the north end of the park.

The labyrinth was officially opened at the end of August and it's been gleaming curious glances by park users

ever since.

And as we snaked our way around its trail, Ben was treading cautiously behind me, waiting, I assume, for something bad to happen.

Our efforts even attracted the attention of two elderly men, who shuffled across to the labyrinth entrance to take a closer look.

How they laughed when we arrived at the centre of the puzzle to find a dead end.

They seemed genuinely entertained by the furrows on our brows, before moving back to their park bench.

We did make it out alive, however. And on leaving the labyrinth and passing back through the garden entrance, a thoroughly underwhelmed Ben turned for one final look and said: "It's a beautiful park, though."

Not all bad then.

For more information on the labyrinth in Fleetwood Park, see [www.minerva-innovations.ca](http://www.minerva-innovations.ca).